



MILDRED STRICKLAND
451 Fullerton Avenue
Cambridge Springs, PA 16403



STATUS

Incarcerated in 1979 at the age of 29

Mildred has served 37.5 years of her life sentence

Hometown: Philadelphia, Pa

Objective Upon Release:

I would like to return home, back to my family owned restaurant. I like to cook and my speciality is Spanish food from my Hispanic heritage. I would also like to be an inspirational speaker, starting at my home church and then going wherever it takes me.

Education and Training

Literacy Program, 2008

Adult Basic Education, 2006

Canine Partners For Life, 2004

Reentry Life Skills, 2004

S.T.E.P. (Services To Elderly Prisoners), 2003

Home Design, 1999

Upholstery/Caning Program, 1994

Caner/Wood Refinisher Apprenticeship, 1993

Upholstery Apprenticeship, 1987-88

Employment

SCI Cambridge Springs:

Culinary Services, 2015 to present

Unit Detail Worker, 2013-15

Plumbing, 2011-13

Culinary Service, 2005-09

Maintenance Worker, 2003-05

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Employment (cont'd)

SCI Muncy:

Catering, 1994-02

Sewing Operator, 1993-94

Upholstery, 1988-93

Maintenance Worker, 1986-87

Culinary Service, 1985-86

Laundry Worker, 1984-85

House of Correction, Philadelphia:

Maintenance Worker, 1979-83

Groups

Violence Prevention, 2012

Thinking For A Change, 2007

S.T.E.P. Long Term Offenders, 2005

Thriving Program, 2004

Citizenship, 2003

Breaking Barriers, 1998

Community Involvement

Happy Hats for children with AIDS

Blankets for babies with AIDS and cancer

Steering Committee: Project Impact

PA Lifers Association:

- Senior Citizens banquet
- Disabled children's party
- Photo Committee
- Art Committee
- Distribution Committee
- Breastwalk and Run-a-thon

Director of choir

Sacred Dance

Motivational speaker for prisoners

Decorator for windows and visiting room at Muncy

Created rosaries for the chapel

Participated in interview, "How Did I Survive Life at SCI Cambridge Springs"

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Spirituality and Programs

Member of Baptist church at Cambridge Springs
Kairos #5
Walking Your Faith
Spiritual Uplift
Women of Aglow
Magnolia
Yokefellowship
Tithing: The homeless

THE WOMAN I AM TODAY...I was very withdrawn from my family since being in prison. I learned to cope with prison life without them. My family needed me, but I wasn't able to be there for them. Since I've been incarcerated at times I've felt like giving up on living. I miss my family dearly. I have always been an inspiration to other people through my spiritual life. As I've looked around and seen so many broken women as I was, I try to give them what God has given me to survive. I had a rude awakening and even though I was beaten down, I had to think about others and to try to make a difference not only in my life, but theirs also. I prayed first and asked God to show me how to help myself and other women. I can now see myself the way I was back then and the way I am now. I have risen and I try to help others get to a better point in their lives like I have. I have been helping others from day one starting with my own family. I have 18 brothers and sisters. I have seven daughters and one son who passed away. Today it's about helping women around me in SCI Cambridge Springs. I can say today that "I made it!" It has been a very hard road, but I made it through.