



HENRIETTA HARRIS

SCI Muncy
PO Box 180
Muncy, PA 17756



STATUS:

- Incarcerated in 1979 at the age of 22

OBJECTIVE: When I am released, my first priority would be to obtain employment. I want to be reunited with my remaining family and close friends who have been supportive of me while incarcerated. I welcome the opportunity to prove that change is possible.

WORK HISTORY:

Unit Detail
School Clerk for the Principal
Drug and Alcohol Peer Assistance
CPS Worker/Visiting Room, present detail

Central Kitchen
Activities Clerk
Visiting Room Detail

EDUCATION:

General Education Diploma
Basic and Advanced Typing
Business Communications
MS Word 2000

Bookkeeping 1
Work Perfect
Business Basics

PROGRAMS and GROUPS:

Teen Parenting Group
Stress Management Group
Grandmother's Support Group
Alternatives To Violence Project
Forgiveness Group
Thoughts and Feelings Group
House of Hope
Long Term Offenders Group
Drug and Alcohol Outpatient Group
NA/AA Meetings
Human Sexuality

Time to Read Program
Anger Management
Mentoring Fresh Start
Violence Prevention
Citizenship Group
The Art of Assertiveness
Beautification Program
Lifer's Group
Certified Peer Specialist
Smart Group

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COMMUNITY ENGAGEMENT:

I have been a guest speaker to share my story with women in the Drug and Alcohol Community, conducted self-help groups and fundraisers, participated in donation drives for domestic abuse shelters, Girl Scout cookie sales, prison toy lifts for children of prisoners, crocheted and knitted items for nursing homes, prison craft sales, PLA/MIO co and co-chaired committees and run-a-thons.

Drama Workshops
PA Lifers Association, Soda Committee
Tole Painting
Crochet and Knitting Class
Arts and Crafts Sales
Volleyball
Weight Loss

PA Prison Runathon
Muncy Inmate Organization, Committee
Card Making
Rug Making Class
Step II Aerobics
Kickball

SPIRITUALITY:

Without my higher power, God, I would not have been capable of change. I make it a point to spend time in daily prayer.

- Midweek Prayer
- Life In The Spirit, Bible Studies

THE WOMAN I AM NOW:

Today, I am a woman of conviction. I'm no longer "only existing," or just passing through this life; I'm living. Life has new meaning. I am no longer afraid to leave my comfort zone. Today, I am confident, strong, and a woman of great worth. Today, I'm not afraid to speak up; I'm not afraid to stand up for what's right when other's feel differently. Today, I love the woman I am. I accept the fact that I am a work-in-progress. I'm a proud mother, sister, grandmother and friend. Today, I am a survivor, a woman of respect, morals and principles, a woman striving to be the best I can. Although I am here, I am a woman that's finally free. This is an experience you can understand and appreciate only when you've found peace.