



MILDRED STRICKLAND  
451 Fullerton Avenue  
Cambridge Springs, PA 16403



## STATUS

Incarcerated in 1979 at the age of 29  
Hometown: Philadelphia, Pa

## Objective Upon Release:

I would like to return home, back to my family owned restaurant. I like to cook and my specialty is Spanish food from my Hispanic heritage. I would also like to be an inspirational speaker, starting at my home church and then going wherever it takes me.

## Education and Training

Literacy Program, 2008  
Adult Basic Education, 2006  
Canine Partners For Life, 2004  
Reentry Life Skills, 2004  
S.T.E.P. (Services To Elderly Prisoners), 2003  
Home Design, 1999  
Upholstery/Caning Program, 1994  
Cane/Wood Refinisher Apprenticeship, 1993  
Upholstery Apprenticeship, 1987-88

## Employment

### SCI Cambridge Springs:

Culinary Services, 2015 to present  
Unit Detail Worker, 2013-15  
Plumbing, 2011-13  
Culinary Service, 2005-09  
Maintenance Worker, 2003-05

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### Employment (cont'd)

#### SCI Muncy:

Catering, 1994-02

Sewing Operator, 1993-94

Upholstery, 1988-93

Maintenance Worker, 1986-87

Culinary Service, 1985-86 Laundry  
Worker, 1984-85

#### House of Correction, Philadelphia:

Maintenance Worker, 1979-83

### Groups

Violence Prevention, 2012

Thinking For A Change, 2007

S.T.E.P. Long Term Offenders, 2005

Thriving Program, 2004

Citizenship, 2003

Breaking Barriers, 1998

### Community Involvement

Happy Hats for children with AIDS

Blankets for babies with AIDS and cancer

Steering Committee: Project Impact PA

Lifers Association:

- Senior Citizens banquet
- Disabled children's party
- Photo Committee
- Art Committee
- Distribution Committee
- Breastwalk and Run-a-thon

Director of choir

Sacred Dance

Motivational speaker for prisoners

Decorator for windows and visiting room at Muncy

Created rosaries for the chapel

Participated in interview, "How Did I Survive Life at SCI Cambridge Springs"

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### **Spirituality and Programs**

Member of Baptist church at Cambridge Springs

Kairos #5

Walking Your Faith

Spiritual Uplift

Women of Aglow

Magnolia

Yokefellowship

Tithing: The homeless

**THE WOMAN I AM TODAY...**I was very withdrawn from my family since being in prison. I learned to cope with prison life without them. My family needed me, but I wasn't able to be there for them. Since I've been incarcerated at times, I've felt like giving up on living. I miss my family dearly. I have always been an inspiration to other people through my spiritual life. As I've looked around and seen so many broken women as I was, I try to give them what God has given me to survive. I had a rude awakening and even though I was beaten down, I had to think about others and to try to make a difference not only in my life, but theirs also. I prayed first and asked God to show me how to help myself and other women. I can now see myself the way I was back then and the way I am now. I have risen and I try to help others get to a better point in their lives like I have. I have been helping others from day one starting with my own family. I have 18 brothers and sisters. I have seven daughters and one son who passed away.

Today it's about helping women around me in SCI Cambridge Springs. I can say today that "I made it!" It has been a very hard road, but I made it through.