

AMY PENCILLE

451 Fullerton Avenue
Cambridge Springs, PA 16403



STATUS:

Incarcerated in 1992 at the age of 21
Amy has served 23 years of her life sentence
Hometown: Erie, PA

OBJECTIVE:

When I get released, I would like to finish culinary school. Work to save money to open up a food truck and eventually own a restaurant. I would like to spend time with my son and brothers. If given the opportunity, I would like to share my story at schools and youth detention centers. I would also like to advocate for other life sentenced people.

EDUCATION:

General Education Diploma
Food and Nutrition
Machine Shop and Advanced
Computer Aide Drafting and Design
Citizenship
New Choices/New Options
Braille Training

Introduction to Baking
Food Service Apprenticeship
Jig and Fixtures
Civic Responsibility
Human Sexuality
Hospice Training

PROGRAMS:

Looking Glass
Stress Management
Impulse Control
Cage Your Rage
Character Development
Thinking For A Change

Anxiety and Depression
Anger Management
Self-Esteem
Positive Relationships
Long Term Offenders
Impact of Crimes

COMMUNITY ENGAGEMENT:

Cambridge Springs Phoenix Organization:
Treasurer 2010; Vice President 2014; President 2015
Run-athon
Parole and Commutation
Criminal Justice
Charity Afghans
Gardening: Vegetables and Flower Beds
Unit Rep-2011 and 2014
Referee: Volleyball, Softball, Kickball, Flag Football,
Bean Bag Toss

Internal-External Lifers
Women's Support Group
Participated in Talent Show
Commercial Skits
Special Events

AMY PENCILLE, Cambridge Springs

COMMUNITY OUTREACH:

Made prayer shawls, lap Blankets, knitted hats (for juvenile detention center and city mission), greeting cards for troops, bird nests for an animal shelter, cards for a dying child; donated food to a food bank; raised money for Second Harvest

SPIRITUALITY:

Protestant Services on Sunday
Kiros
Breaking The Chains
Bible Studies
Read My Bible

THE WOMAN I AM NOW:

We don't always get to repair the damage we've done in our community. But, I have worked on changing all that I was to reshape a positive, caring, giving and useful woman.

On an emotional level, the programming I had, was immeasurable in the changes in my personality. With each group that I completed, I could feel the change take place. Often times, it was hard to see the person I was and admitting the things I have done. Once I accepted the help that I was afforded to me by the Department of Corrections, I embraced it and felt myself become a better and more responsible person; worthy of forgiveness.

Because of my personal involvement on committees, organizations, sports and the honor unit, I have learned what it means and feels like to be a part of a community. This was a valuable lesson I had to learn. Now I know that I took my life for granted. Being a part of a community builds character and a sense of belonging to something bigger than yourself. Therefore, I know I can be a good asset to the outside community.

My son was 2 and a half years old when I began my life sentence. He is now 25 years old.